



Lessons from Masters Course

Lesson #1: Your success in trading



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Quote of the day

***How to achieve your goals as fast
and as easy as possible?***

***One of the best, the fastest, the simplest
and the cheapest ways to achieve
something is using someone`s experience.***

***In other words: examining carefully
how someone else has already achieved
what we want to achieve.***

Introduction without maundering

Welcome to your introduction lesson of "Lessons from Masters" course!

I'm very glad that you decided to take up the challenge of our 12-month program Lessons from Masters. I'm happy seeing your enthusiasm to follow the path of the bests investors and traders.

I count on your commitment and results in investing, which you will be able to speak proudly about.

This lesson is long and I promise that the next will be shorter :)

Before we start the course you need to know three things:

Bonuses & extras

After each quarter, you will automatically receive free bonuses as an active participant. They will appear at the beginning of each quarter and will include additional materials, cheat sheets, and techniques that accelerate your development and increase profits.

Similarly, at the end of the course there will be the *Super Bonus* about which I will write soon in one of the lessons dedicated to systems. For now, let it remain a mystery – now I'll just say that this is it something that many traders asked me, one of them even offered me a large sum (actually a new Aston Martin in return). You will get it for free at the end of our course – as an additional element to build your professionalism and your profits :)

Moreover, some lessons will be accompanied by additional materials and surprises :)

Why should you graduate this course?

There are 6 good reasons:

1. During the course we will successively, lesson by lesson, deal with the most important topics related to: profit making, profit stabilization, and profit consolidation and enlargement. ALL the lessons are important to you because each of them is based on specific information, solutions and tasks – one leads to another, and so on.
2. The course is divided into 5 levels of advanced, and in each of them about 10 lessons. We start from the simplest things and end up with the most advanced. If you really want to become a professional trader – just graduate the course. At the end, you will thank us. But, see for yourself :)
3. Thanks to ready to use solutions and systematic progress you should save a lot of time which you would have to dedicate to achieving an expert level in investing by exploring solutions all by yourself (we estimate that it can take about 7-9 months instead of 5–6 years!). Time is precious and cannot be bought.
4. You should also save a lot of money which people spend on bad systems, cheat indicators and lossy game according to them. You'll save a lot of frustration and unpleasant situations on the market.
5. In the last quarter of this training you will receive a description of the system, thanks to which the author's assistant reached 1120 pips in just 2 weeks (without any previous Forex experience). However, this is not a system for beginners as it may seem. It requires a longer introduction, to use it safely.
6. Other training, with similar content (it's only similar, because it not include half of what you'll find here) costs \$750 in the online version. Or even, in the annual version, from 35 to 50 thousand dollars.

Additional remarks:

The order of lessons is not accidental. We start with simple matters that will prepare you for advanced topics.

In case of any urgent issue – you can always take advantage of personal training with me, to do this you should write to the my office, at the following address: support@lessonsfrommasters.com. Provide a note in the title: *personal training*. Write me about your concerns and – if you already have any – ideas how to solve it. We will consider how I can help you.

Important at the beginning:

The course was created at the request of traders who had problems on their paths of development and couldn't participate in my training and programs.

The second group of people who reported a desire to get acquainted with the course were systems providers seeing that their customers **are not able to achieve anticipated success**.

As I mentioned earlier, the course is arranged in 5 levels and includes a total of 52 lessons. Each of them contains treasures of knowledge and a task(s) to do for you. Study them one by one, exactly in the order in which they are systematized (the order is intentional).

This course is devoted **to the practice of making money on a market** – by teaching you how to think and function as the best, and by showing the errors made by the others, so you can avoid them.

Thanks to the systematic studying the course and making tasks you can go to the best. **It's the simplest and often the fastest path to your success.**

Summarizing, we will talk about:

- 📄 what works in markets,
- 📄 the specific elements of the systems the best traders use,
- 📄 about things the best systems have in common,
- 📄 how to update good systems to make them... more profitable
- 📄 how to improve your system.

There will be many elements which will certainly help you in trading using the system that you already have. However, **at the beginning of the course** we will not give a specific system described from beginning to end.

It will be not fair to colleagues who are engaged in learning systems (largely, it was their initiative that created this training). It includes **everything, what is missing in system-teaching courses.**

I want to show some interesting systems for those who want to expand their portfolio in the later stages of the course

And now, when the organizational matters are behind us – let's get to the today's lesson! :)

The aim of the course: your success in investing

Now I will discuss the most important issue – what we want to achieve by this course.

The main aim of the course:

I want you to achieve persistent investing success.

I want you to realize your investment plans. **As quickly and efficiently as possible.** I want you to take advantage of the knowledge and experience from the best research and follow the faster way to success. This aim motivated me in creating this course.

How we'll do it?

Step by step! Successively.

You'll get the topical knowledge of market success, you'll get exercises that build your skills and understanding.

Our goal for you is the knowledge and skills of the best investors and traders which we have studied over the last 10 years. This means that you will learn a lot of new, important things :)

It is important to carefully read and work the tasks. Doing the task is building many new skills. Thanks to them you will be regularly earning on the market for many years.

Knowledge is arranged in a cycle – from the simplest things to the most advanced techniques of the best. Some topics prepare to others, so have patience – in all this there is a deeper meaning.

If we talk about knowledge – you just need to know it, it's enough and it's simple. However, there's more. I want you to achieve a new view and new skills like **the best investors and traders have.**

So that's why there are the tasks for you and a special arrangement of the material – so you'll get to know the issue from many sides. After a while there will be "a mind-flash" and you will shout "aha!", and this knowledge has already become a part of your experience.

Let's start with a definition of success to which we will strive.

Success in investing is:

1. the possibility of systematically making large sums of money for many years,
2. without unnecessary stress and emotional experiences,
3. following the safest path, avoiding the traps,
4. realization of yours aspirations, ambitions and dreams,
5. success in life thanks to the market success.

Today, take my word for it – **every part of this definition is needed** and serves your good. I will explain it in the next lessons.

Each lesson will include theoretical and practical part. Theory will be only as much as is really necessary that you understand the need for a variety of activities and exercises.

We have two basic tools, which we will discuss them progressively in the next part of the course:

„Map of Investor/Trader Development“ and

„Six Pillars of Success in Your Investing / Trading“

The entire course will consist of 6 key topics.

6 Pillars of success in your trading + interviews with the *Markets Gurus*

1. Systems: what they are and how to choose the best for self, how to master them in record time.

2. Money Management: the safest and most effective ways to manage risk and increasing capital.
3. Mental Management, formerly the psychology of trading.
4. Map of Trader Development viz. base map of your personal development.
5. Internal Strength: The source of discipline, resilience and courage on the market.
6. Support system.
7. Expert Answers and Practical Tips. It's mostly answers to questions we have received over the years from investors and traders.
8. Why the best are the best? What do they do differently? They think differently, their psyche is functioning differently. During the course you will learn all the "how" and "why."

And to fully understand the situation you need some introduction knowledge. The idea is that you received specific tools to achieve results **as quickly as possible with the least possible effort.**

For this purpose we will be guided by the motto:

"Minimum effort, maximum effect"

Dr. Jigoro Kano, the founder of Judo

From who we learned and from who YOU will learn?

Here with whom we made research interviews (there were over 50):

Larry Williams – legendary trader, he has many records in the account, including 1 147 000 made from 10 000 in one year on a real account.

Joe Ross, more than 50 years of experience in the market, the author of several books, he developed perhaps several thousand traders, has over 20 years of experience in teaching.

Andrea Unger – 4-time winner of the World Cup Robins, including the only trader who won the competition three times in a row.

Robert Miner – winner of international trading competitions, author of several bestsellers.

Mostafa Belkhayate – winner of international trading competitions, managing multi-billion dollar fund investing in gold, today chairman the world's largest private vault gold in Dubai.

In addition, we examined 1890 traders at different levels of development to give from them answers to the key topics of the problems that they have. We presented problems to the experts, we tested solutions which they described, and some of the solution we made up with ourselves.

This all forms the basis of the material of the course. In total, the preparation took us 8 years! It's really well prepared :)

What will we deal with in the first few months?






I want to give you a foretaste of the topics which we will deal with for the next lessons.

Lesson 2

In Lesson 2 ("***The best tools for you, to meet a deadline***") you will become familiar with several proven tools that will allow you as quickly as possible to come to the level of regular profits. The material presented in the lesson is designed to, as quickly as possible, eliminate the basic cause of loss of beginner traders.

In that lesson we will discuss also **how to choose the best system for yourself** (basic and each subsequent), if you ignore this knowledge – you achieve... nothing.

In experts answers – you will find answers to the questions:

-  When, in the fastest way, I can start to play live?
-  How to analyze market before the entry?
-  I don't want to buy the system once again, I bought several and only spent money, and the effects are not seen. What to do?
-  How to reduce the negative influence of emotion on trading? (Here I discuss 2 ways how to do it)
-  I read the market analysis, I play on it, and usually I'm caught in a trap. What to do?

Lesson 3

"Investing is deciding. Two important steps towards your professionalism"

- 📄 There is only one group of traders who consistently make money. Do you want to join them?
- 📄 How to build the skills of good decision-making in the market as soon as possible?
- 📄 What are the components to the correct execution of trade?
- 📄 What kind of analysis gives the best results?
- 📄 How long it took the best traders to reach the level of regular profits?
- 📄 How Phil Newton created his first own system?
- 📄 How to analyze markets, which tools use to determine the price direction? [4 methods used by profitable traders].
- 📄 Did I correctly identified the signal and did I enter in a good place on the market?
- 📄 How to place SL and TP?
- 📄 Did I properly exit from the order? In a good place?
- 📄 Should I do analysis of the lost signals?
- 📄 Expert answers: I have a lot of signals from different systems, often contradictory, I do not know what to choose.

Lesson 4

- 📄 How to learn the **system** fast? How to organize your work? How do the best do it, those who have achieved success? What should be your first, basic and most important goal on the path to become a trader?
- 📄 Why, if at once you will want to make money – you delay your development and thus the moment when you begin to systematically make money?
- 📄 What are the three helps or whether you should have during learning the system?
- 📄 How to arrange a time to learn the system? How to find "extra" time?
- 📄 What systems are the best to start with?

- 📖 At what you should focus on at the beginning to as soon as possible build decision-making skills in the market?
- 📖 The first part of the construction of your decision-making skills.

Task #1: Introduction to shaping a positive response in the face of losses.

Expert questions: what it means to make good decisions in trading, what to do when the system has several types of entries?

Task #2: how to develop, a positive approach to the losses in the market within yourself? This approach strengthens us and effectively cuts off the negative emotions , disturbing in trading.

Lesson 5

The first and most important goal of the psychology of trading. Thousands of people choose it badly and does not achieve success. You will not find its description anywhere, beyond our course and it is critical for your results.

Another important goal that should be achieved in the learning a system, is to seek the quickest path to cash. When the fastest you can go to play real money?

- 📖 What if during the transition earning period the results are unstable: 4 answers depending on the 4 possible causes.
- 📖 What to do if stress occurs at the market and leads to losses? Again 4 answers depending on the 4 possible reasons for such a situation.

The brutal story showing the role of preparation for action in stressful situations – and how to use it to invest. The second part of the construction of your decision-making skills.

Description of our observation – some traders will develop much faster than the other, their resistance to failure is greater than the other, they faster have better results. It took several years for us to understand what works here, then a lot of time to find a way how to stimulate it. We describe these feature in chapter " Characteristics of Market Gurus."

Then clever trader tell how she worked on their first system. Her story is so interesting that she made a profit from the start, avoided losses and initial Margin Call.

Later in the lesson, we will describe a shortcut to profits, you should take it into account.

The lesson ends with a task – a **technique to stimulate confidence** useful in the first period of learning. With this technique you will be able to go from being poor (for whatever reason) and a sense of internal weakness to a sense of strength and self confidence.

Lesson 6

The lesson is dedicated to the 3 major topics. Toxic emotions, 5–point 'shortest path to cash "and dealing with losses.

At the beginning we discuss the reasons for 90% of psychological difficulties in the first phase of trading – we describe in detail what to do to avoid them. We also describe which of the "problem" is the most natural reactions and should not be anything to do with them.

The next section is devoted to three toxic emotions.

I discuss and make recommendations of what to do in three cases: a small fear, large and at the end – the fear paralyzing actions.

The latter part is devoted to uncertainty, hesitation and a sense of confusion, frustration, and „facing the task exceeding our strengths”

Subsection end tips about hope – that part that makes you give the market control of yourself, and it takes your profits.

Then we move on to the words of the Market Gurus devoted emotions: fear, hope and greed.






5 steps in your path to trading "full rate". I describe the path to go up quickly to the systematic profits "normal rates". Thanks to, it does not omit any important stage, and all will be as fast as possible and safely. I discuss five consecutive goals that are a challenge for every trader's learning a new system. If you get it wrong – and so you will have to return to the beginning.

Most beginners traders stuck at this stage, sometimes for many years.

They do not know exactly what to do to go further – in this lesson, you have a ready recipe, step by step.

Lesson 7

The first lesson with information about the systems. Thanks to this lesson:

-  You will see exactly what system you need to fulfill your dreams.
-  You will calm down and reduce the stress associated with your results.
-  You will brightly see what plan you should have.
-  You will be more resistant to primitive greed tampering.
-  You will learn how dishonest sellers systems cheat unwary customers using psychological mechanisms.

Next, we will discuss what systems are available: indicator, naked trading, following the trend, against the trends, martingales. Why some very popular systems among beginners are very dangerous.

When I noticed this years ago, systems with small TP and big SL were a real plague, extremely popular in most newsgroups. From now on, the situation

has only worsened. These systems cleverly create the illusion that even a beginner can make money with them.

In that lessons we discuss what *optimize the system* means and why it is necessary that your system does not stop working.









Section ends with a summary of what you have to do, how to choose the system and how to proceed to avoid the fate of traders would I know, who chose the wrong – one of them had lost \$900,000, the second over a million dollars, and not just their money.

Lesson 8

The first lesson about the internal strength in investing and trading.

In common conviction discipline is one of the key factors of success in trading. Studying traders we noted that it is one of several factors that make up something deeper – something called inner strength.

Inner strength is the basic of the discipline:

-  It will help you withstand the pressure of the market,
-  It will help to realize your plans.
-  It will help you to have the courage, if necessary.
-  It will give you the ability to resist the temptation for early or late entries and exits.
-  It will help to overcome anxiety and fear.
-  It will help in keeping the decisions taken in spite of adversity.
-  It will help to patient persevered to trade and then persevered to the TP.
-  It will help to overcome laziness and a lot of bad habits.

This strength is a component of all success:

- 📖 It will help you move to the everyday life to the various adverse events such losses, a series of losses and quickly get up after them.
- 📖 It will bring your success in trading any and every discipline you choose.
- 📖 It will help you to form habits of action – instead of only dream.
- 📖 It will help you to quickly deal with the moods that you would like to change.

Inner strength helps make money and then maintain them.

Thanks to the exercise you will find described in Lesson 8:

- 📖 You will much more seriously approach to your life plans with trading/investment so your success will be faster.
- 📖 You will be very motivated to work in the right direction.
- 📖 Laziness, if you have ever had a problem with it – will disappear.
- 📖 You will gain an additional large reserve of strength to work and overcome all the obstacles in your way a trader/investor.
- 📖 You will have less problems with obstacles of all kinds.
- 📖 **You will build strong determination – a factor essential for beginners in this profession.**
- 📖 You will astonish yourself inner strength and determination in the pursuit of the goal.
- 📖 **You will understand what is important and on what you should focus.**

Apart from this lesson, the course contains fragments of conversations with the Market Gurus about the motivation, determination and how they coped with problems.

Addition in, "**Expert answers**" you will find an explanation of what to do in the situation:

There is stress on the market, and this leads to losses. What to do?

Depending on four different situations and reasons which cause stress – you get four tips what to do.

Lesson 9

In this lesson you will learn what is an important result for you , from research the best investors and traders?

- 📖 7 features of novice traders – which of them you still identify with?
- 📖 11 features of the most experienced approach – which ones do you already have?

In that lesson you will learn that beginners and experienced use "different logic". I will show you how to move from one position (if you are still there) to the position of others. You will learn about the surprising source of great success. You will learn the features of the best systems (8 features).

In expert answers – we will discuss three of the eight main reasons why traders lose their discipline. In each of them you will get detailed instructions what to do.

In the next chapter (introduction to learn discipline) I will answer to the question how as soon as you learn discipline. And you probably know that my answer will be very practical, concrete and will contain instructions what to do – step-by-step.

At the end of the lesson, a new approach to the market (one of the key features professionals) you commit to the memory by interesting and instructive task.

Lesson 10

Lesson 10 is a summary and close the subject about systems. Only after it you can go to the topics of psychology, stress and discipline – so seriously.

The lesson begins a description rather unexpected events that happened to one of the subscribers of the course.

We will summarize and fulfill several issues related to the exercise of lesson 8 – builds motivation, determination and discipline.

Then I describe a simple method by which you move quickly your trading skills to the next level, it fantastic works virtually at every trader to whom it commanded. Most even was surprised how effective it is and how much it give.

In addition, you will find answers to questions about why testing is necessary, how think the most experienced investors about system (and this differs them from beginners and even intermediate), you will learn what are High Quality Trades and why on them you should base your success financial.

Next – you will find 5 reasons why the situation described by a colleague – that "he earn money and in a moment he lost, and so on." Of course, each of the reasons is discussed – practical tips what to do.

Lesson 11

The most important, basic feature characterizing Market Gurus. An explanation of what it is, how it works, how to educate it, if you do not have it enough.

Proven tool that will help you in a long time to build the skills of experts in trading. Thanks to it you will improve results, reduce losses, reduce your stress. They use it best.

The task to improve your decision – making skills and to put up with the consequences.

How quickly you weed out cheat and outdated systems? Most at the market is, unfortunately, like that. Systems are losing their usefulness, because the markets are systematically changing and you need to have a tool that will allow you to avoid dealing with systems where you lose time and money.

Expert answers: How the fastest I go forward towards greater profits when I already have a system and earn it?

Priceless method allows to dump permanently from the memory of the events that we would like to forget: unpleasant, disturbing, tiring. If you draw conclusions from the experience, or it itself is just sad and you think that nothing brings a memory of it bother you – in this lesson you will learn a very effective way to regain peace. Exercise which you will know, works even on the most difficult experiences. This exercise is a prelude to another – building a positive approach and strengthening the motivation that you will learn in the next lessons.

Lesson 12

Lesson 12 is the last lesson on the first level. At the next level, we take care of the psyche, emotions and stress in trading.

The lesson begins a description of the other features that characterizes EACH of the best traders which I met. In–depth analysis will lead you to understand the mechanism behind their results and the fact that they are indeed the best.

Then we will discuss how works the myth of certainty in the market, how receive money from traders and what to do to not succumb him.

Next we go to the expert answers: you'll find an explanation of what is inner strength and why it is more important than discipline. Later a part in which one of the Market Gurus describes exactly like his uncle, a trader with the CME in Chicago taught him discipline, which later became the foundation of his success.

The most important goal toward which we are heading, that gives you the best chance of long-term success in the markets.

Expert answers: I have panic attacks during small corrects, then the market is continuing but without me. What to do?

2 ways how to reduce the negative influence of emotion on trading.

The first exercise to build strong positive motivation.

Lesson 13

In this lesson we will start the next level of knowledge of trading.

Our theme for this level will gain (or regain) control over the mind during trading. Our motto here is a quote *"Either you manage your state of mind by yourself, or the market will"*.

From this lesson we will introduce topics related to psychology, the action of the brain, mind and min. stress.

We will continue to topics related to **emotions and stress** – so that they do not disturb us (and indeed often helped) in trading. We will also subject the foundation and **maintenance of confidence**.

Another topic will be a description of **how safety increase size position without an increase in stress levels**. It is the bane of almost every trader who success in the market. Indeed, there is a "glass ceiling" that limits its

possibilities – because at a certain level of earnings is a growing level of stress and hard is it to do something yourself.

Next we'll move on to describe the state of mind the best known. "**Trader's zone**", I will describes what it consists of, how to "enter" to it, how to maintain it and come back when something throws us out of it.

In addition to this we will deal with even the deeper issues – **an influence of internal beliefs on our opportunities to make money**. Most people here have serious limitations that I will show how to remove. They have a negative impact on financial success.

An attempt to get rich when you have a bad stacked relationship with money is like driving a car with one foot on the gas and the other on the brake at the same time. From time to time you will be moved further but all in all you get nowhere.

But let's go back to the subject of 13th lesson: we will start from stress and its impact on the results – in the short and in the long term. We will give you the first exercise that lead to long-term reduction in the level of stress. It's very important, I know traders who, because of high levels of stress had to abandon trading and today they are not able to do their profession. I want you to know how to avoid such a fate.

5 causes of stress in trading. 2 main sources of stress. Recommendations for beginners about time frame on which they should start trading.

Solution: 2 phases of „making a pile” on the market if you have high levels of stress.

What is the stress response? 6 elements, if you know them – you are able to some extent block reaction. We show how to practically perform.

How do the best traders handle stress?

Expert answers:

- 📄 I trade at the same time on demo and live. The same entries, the same system. But at the demo I have 2–4x more profits than at live account. Why & what to do?
- 📄 Periods of losses devastate my psyche.

As **the task** in this lesson, you will receive basic training used by elite special forces to inhibit feelings of fear and stress.

The first months are a lot of new knowledge. Some say that too much. Definitely too much compared to the low cost of the course :) BUT I prefer to give you more and thus, as I believe, more quickly and safely you will reach the level of regular profits and began to realize your dreams. Because it is investing, and nothing else.

The road from "zero" to being *top trader* requires knowledge of how quickly our brain learns.

Advanced things require the introduction and understanding of certain topics, e.g. the discipline of psychology, neurophysiology of the brain, physiology of stress that we will introduce step by step in an easy way.

Because the course is set to PRACTICE we will move from simple exercises to more advanced, so do the every in order.

The road from "zero" to "Top Investor" requires knowledge of how quickly your brain learns.

Top traders started from scratch – **they did not know anything**. One of the critical moments in their development was the moment when they began to understand the system. Often preceded its various events and moments of resignation, discouragement, parting with the market and subsequent returns.

We understood that this process has to be described – so that you, ASAP, go through the "valley of darkness" in which many limp.

Hence, the idea to present a clear "fastest path" with clear identification of objectives at every level – so **you know where you're currently in and as soon as you walked through the steps to success**.

Many trading systems based on the recognition of formation (price patterns, etc) and recognizing signals from the indicators. **You have to see a certain number of examples** to be able to correctly identify the signals when they drew up in real time on the market.

Typically, this process is as follows:

- 📊 observation of the history chart when we see the signal and the further move,
- 📊 observation, how does the signal look like without what happened next,
- 📊 observing the signal in real time.
- 📊 Learning a decision making process to enter the market on drawing up signal.

If you want to speed this process up – then know that the fastest developing (and soon reach the level of self, proper identification) is by people who have seen **a lot of examples**.

When you look from the perspective of what I wrote – it is quite obvious, is it not?

If so, why 90% of books describing systems contain only a few graphic examples? I saw about 120 such books. A top of modesty is one (of quite popular system), which include only 9 screenshots. Only nine!

How do you think, are you able to learn anything from so “many” examples to risk money on this system?

I'm sure not! No one is able to succeed in this way. Our brain needs to see a LOT of examples – the best in the most close condition to the market. Only then it will **correctly solve the tasks posed by the market situation**.

Just as our brain functions. And if you want to quickly follow the path of development you **should respect these rights.**

In the next lesson I will explain what will help you the most in the development at the early levels of your trader career. Today we will have an explanation of the difference between the concepts of "investor" and "trader ".

Explanation: Trader vs investor

The investor is a term from the stock market, meaning someone who invested in stocks and "receives profits" from the growth rate and potential dividends.

Trader is someone who is trying to make money on the difference of the rate, to speculate for profit .

An investor can cheat himself/herself (and unfortunately this is very common), that "it was bought but when it will falls down he/she will earn dividend anyway" the trader does not have such comfort. If he bought and the rate falls down – he lost.

Trading and investing

Become a trader – your goal is not "investing" but profit–making, and those are two different things.

Because of the different approach to money in "investing" , trading systems for stocks are pretty bad.

In trading, which forces the speculation and earning on the difference value – systems are more mature. Notwithstanding any other "sources of profit" (because they are not existent) **the goal is profit.**

The strategy "buy and hold" makes here a sense, only when our instrument earns. Otherwise there is a waste of our work and time.

NOTE: This does not mean that if you have stocks and they fall down – you sell them. It would be too easy! 😊

Take advice on the future and attitude towards investment: they have given you profit in a given time (the time you specified). If it does not, it may mean that somewhere you made a mistake and it is better to do something else, with another instrument.

Expert answers

In addition, we will deal with solving the most serious problems of investors. Below are the most important of them, described the language of investors who participated in our research.

1. Stress appears at the market, and it leads to losses.
2. I earn money and in a while I lose it, and so on.
3. I had a loss and it still has a bad effect on my way of investing.
4. I cannot keep discipline in the market.
5. The periods of losses devastate my psyche.
6. I have only losses despite assurances of authors of the systems that I will have profits.
7. After some time on the market I lose control of my emotions.
8. I cannot find a good system.
9. I earn and lose alternately, I do not have stability.
10. I have no patience, I enter the market and it always ends with a loss.
11. I have panic attacks during small corrects, then the market is continuing but without me.
12. I do not know how to choose a place to open position.
13. I have many signals from different systems, often contradictory, I do not know what to choose.
14. When I want to play I only enlarge losses. I do not know how to reverse it.
15. I close too soon a profitable position, I fear for the loss of what it is.
16. My problem is that I exit with a small profit.
17. I play at the recommendations of analysts and I systematically lose capital.
18. I have a problem with distinguishing the movement from the correct.
19. I have a problem with the term where will the price move.

20. I have a feeling like someone was watching me, when I open position the market reverse and there is a loss.

Each of the problems standing in the way of success, many of them can even destroy a growing trader career. Over the years, these problems constantly scrolled in conversations at meetings, conferences, correspondence, caused the loss, frustration, anger, sometimes abandoning the stock market.

And that was another reason that we launch "Lessons from Masters" course: proven, fast and effective solutions.

Interviews with Market Gurus

What would you say to current and future generations of traders?

// *Be careful when it comes to trading. It can give you a wonderful life or bring disaster. It's not the markets what cause that you will have a wonderful or disastrous life. This is how you are following at the market. So all the time it is about you and how you react to what happens.*

You must have an advantage over others, your edge.

There are many people who are better traders than I. You probably need someone who can help you gain knowledge.

You also need to constantly bear in mind that this is like boxing – to get out of the battle alive, you have to protect yourself. You cannot fall into lethargy. You need to be focused all the time, you have to sit high in the saddle and look at the horizon.

Trading is a great way to make money and a great lifestyle. You do not have employees, you do not have customers, you do not have boss. You are free. Therefore, we can make money.

Nobody makes money on the market to be able to say "I made more money than you." Well, so what? It's about how you will use the opportunities offered by lifestyle, you want to lead. This money you can spend to live well. You can live like this. But it will not be suitable for everyone. Not everyone will succeed in this business. But those who succeed, will be the happiest people on earth.

Larry Williams

Larry Williams is one of the best traders in the world -
to him belongs unbeaten record to make 1.147.000 dollars
from 10.000 at the real market during the year.

Task for the nearest week

Introduction:

In our course there is room for a theoretical but also practical part – with tasks for you to do.

The tasks will be sometimes a little ahead of knowledge – that's why I have a request to you: **do tasks in the same order as they are given and do not hang anything on later.** They appear in the thought order and have a goal to learn you something or build something in you over time.

Soon the knowledge behind them will be given and the purpose of the different actions will become clear: it will be shown from many sides. But for now – just trust me and patiently perform the tasks of the lesson. They are not difficult, so there will be no much work with them.

So let's move to the first one ...

Task:

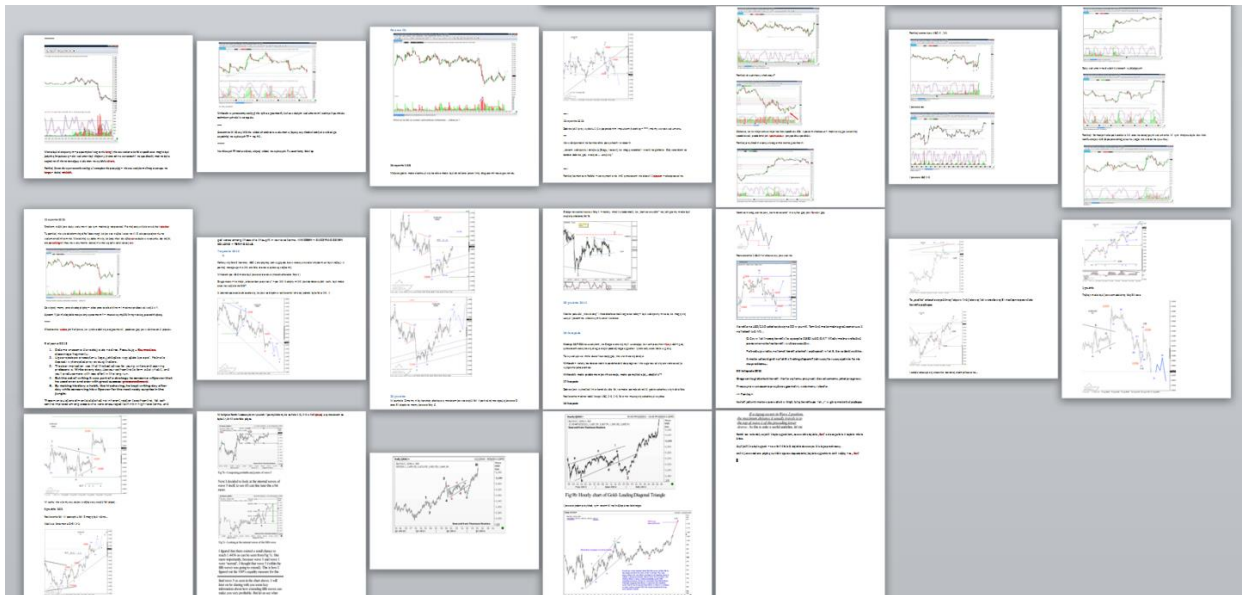
Create a document titled "**What I have learned today**" (simple text document on computer or in a regular scrapbook) and write down things that you have learned today.

In mine, I note something usually every 2–3 days. If you are intensely studying – it could be more. Sometimes I make some screenshots and write down thoughts – under successive dates. Sometimes it is more text, sometimes less. Sometimes only one sentence and a screenshot. As you can see, it doesn't have to be very elaborate.

The document I have is localized always at a visible place of the computer desktop – in the upper left corner. You can put it anywhere – as long as the

place is visible. It is important – this document will accelerate the process of your learning and earning.

Below is a screenshot of how the first 20 pages of my document *What I have learned today* looks like:



I do screens with Fast Stone Capture program (there are of course others), as far as I know there is a free license. Paid version also allows you to record videos, which can be very helpful when you want to document specific trades.

According to research (not mine, a colleague from the US), traders who do post-trade analysis, increase their profits. I will discuss this topic in more detail in subsequent lessons.






Today set "**What I have learned today**" and in the next week adding things that you have understood in the meantime.

Next week...

In Lesson 2 ("The best tools for you, to meet a deadline") you will know several proven tools that will allow you as quickly as possible to come to the level of regular profits. The material presented in the lesson is to **as quickly as possible to eliminate the basic cause of loss of beginner traders.**

In the lesson we will discuss also how to choose the best system for yourself (basic and each subsequent), if you ignore this knowledge – you achieve nothing.

In experts answers – you will find answers to the questions:

-  When the fastest I can start to play live?
-  How to analyze market before the entry?
-  I do not want to buy the system once again, I bought several, and only spent money and the effects are not seen. What to do?
-  How to reduce the negative influence of emotion on trading? Here I discuss two ways how to do it.
-  I read the reviews the market, I play on it, and usually I'm caught in a trap. What to do?

How to find us

support@LessonsFromMasters.com

Backup email: lessonsfrommasters@gmail.com

Magazine for traders “New City Trader”

www.NewCityTrader.com

Ebook “Conversations with Forex Market Masters”:

www.ForexMarketMasters.com

London Forex Traders Association:

www.LFTA.org

